

FOOD IS EXPENSIVE!

Budgeting When Things Get Heavy



Costs are on the rise, and everyone is feeling it. With the end of emergency SNAP allotments, many families are struggling to keep bills paid and food on the table.

WHAT YOU'LL LEARN IN THIS FREE CLASS

- How to save money in the grocery store.
- How to prioritize your spending.
- What resources are available to you and your family.
- Gain insight into basic budgeting.

Wednesday, May 31 at 2 PM

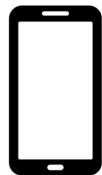
Food Bank of the Rockies

698 Long Acre Dr, Grand Junction

Light food and refreshments will be provided.



**SCAN
HERE**



<https://bit.ly/3kU2dAI>

